



TIMOTHY SEAMAN: Dusty Strings D600 hammered dulcimer, Bert Berry mountain dulcimer, James Jones bowed psaltery, Gemeinhardt flute, Sigma guitar, Chieftain & Susato whistles, Woodsong bamboo flutes, percussion, vocalizing, harmonica, melodica

ARDIE BOGGS: John Yule Celtic harp

ANN ROBINSON: Dusty Strings Celtic harp, Ken Bloom bass bowed dulcimer, Song of the Wood hammered dulcimer (St. Basil's Hymn)

PETER BUDNIKAS: Highland pipes

HENRY SMITH: keyboards

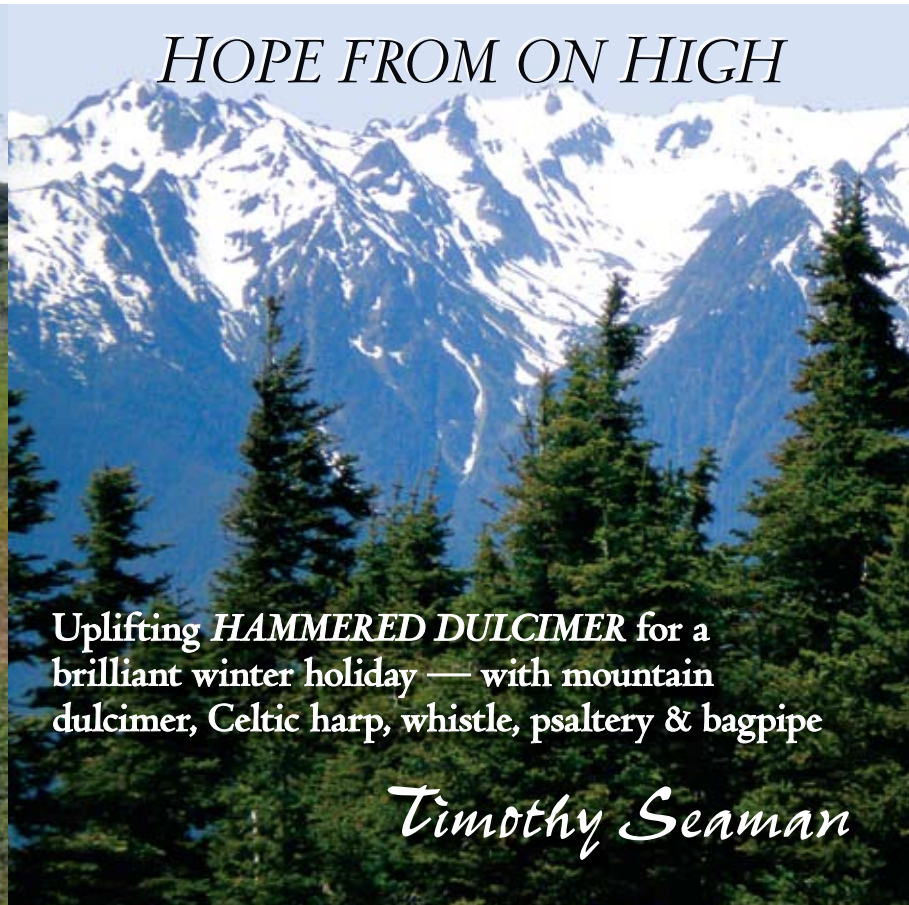
Recorded by Timothy Seaman at Pine Wind Studios & Grace Covenant Presbyterian Church (bagpipe) www.gracecovpca.org, and by Henry Smith at Outback Studio

Photography by Rowena Seaman (portrait) & Timothy Seaman (Olympic National Park)

Graphic production by John M. Girimont, www.imaginationbox.com

www.timothyseaman.com

HOPE FROM ON HIGH



Uplifting *HAMMERED DULCIMER* for a brilliant winter holiday — with mountain dulcimer, Celtic harp, whistle, psaltery & bagpipe

Timothy Seaman

1. **Christmas Day in the Morning** (trad. Scottish) Join the Artisan trio as we celebrate! 2:25

2. **Go Where I Send Thee** This is a children's counting game that instructs in sharing the good news./**Go, Tell It on the Mountain** (both trad. African-American spirituals) "God sent out our salvation that blessed Christmas morn." 3:20

3. **Hope from on High** (Paintbrush Canyon) (T. Seaman, © 2008 Pine Wind Music, Inc.) This composition commemorates a 2004 hike Rowena and I took in October 2004 in Grand Teton National Park, alone high in the magnificent mountains and living a metaphor. 4:30

4. **While Shepherds Watched Their Flocks by Night** (G.F. Handel, 1728) "Glad tidings of great joy I bring to you and all mankind." — N. Tate, 1700/**Hark, the Herald Angels Sing** (F. Mendelssohn, 1840) "Mild he lays his glory by, born that man no more may die, born to raise the sons of earth, born to give them second birth." — C. Wesley, 1739 3:20

5. **Adeste Fideles** (O Come, All Ye Faithful) (J.F. Wade, 1751) "Word of the Father, now in flesh appearing." J.F. Wade, 1751 2:44

6. **Winter Largo** from *The Four Seasons* (A. Vivaldi) 2:25

7. **St. Basil's Hymn** (trad. Greek) 3:20

8. **Baloo, Lammy** (trad. Scottish) "To you this day is born a child to Mary meek, the virgin mild."/**The First Noel** (trad. French-English, 13th C.) "Then let us all with one accord sing praises to our heavenly Lord that hath made heaven and earth of naught and with his blood mankind hath bought." 4:15

9. **Riu, Riu, Chiu** (trad. Spanish, 16th C.) (The title is the sound of the nightingale's song.) "Now we have gotten what we were all desiring; go we together to bear him gifts: Let each give his will to the God who was willing to come down to Earth man's equal to be." 1:35

10. **W Zlobie Lezy** (Infant Holy, Infant Lowly) (trad. Polish) "Thus rejoicing, free from sorrow, praises voicing, greet the morrow: Christ the babe was born for you." — Polish carol 2:10

11. **Simple Gifts** (trad. American) "'Tis a gift to be simple, 'tis a gift to be free." — Shaker song, 19th C. 3:15

12. **Houston** (trad. American folk hymn) "The people that in darkness sat a glorious light have seen!" 1:40

13. **O Tannenbaum** (O Christmas Tree) (trad. German) "Thy leaves are so unchanging, not only green when summer's here, but also when 'tis cold and drear."/**Down in Yon Forest** (trad. English) "The bells of paradise I heard them ring, and I love my Lord Jesus above anything." 3:35

14. **Il est ne, le divin enfant** (He Is Born, the Divine Child) (trad. French) "For more than four thousand years we've been waiting for this happy time."/**Kommet ihr Hirten** (Come, Shepherds) (trad. Bohemian) "Come, let us see, in Bethlehem's stable, what was promised us by the heavenly song." 3:20

15. **Jesus Bleibet Meine Freude** (Jesu, Joy of Man's Desiring) (J.S. Bach) "He is the strength of my life, the joy and sun of my eyes" — M. Jahn 2:50

16. **Once in Royal David's City** (H.J. Gauntlett, 1849) "With the poor and mean and lowly lived our Savior holy." — C.F. Alexander, 1848

17. **Snowy River Ride** (T. Seaman, © 2008 Pine Wind Music, Inc.) This new bicycling composition is dedicated to the Virginia Capitals Bicycle Trail and the River Road in Grand Teton National Park. 4:20

18. **O Little Town of Bethlehem** (L.H. Redner, 1868) "The hopes and fears of all the years are met in thee tonight." — P. Brooks, 1868 3:05

19. **Erev Shel Shoshannim** (Evening of Roses) (Y. Haddar) "Let us go out to the garden; myrrh and balsam and frankincense are a threshold for your feet." — Moshe Dor. For my lovely wife Rowena. 3:50

20. **Wassail Song** "Love and joy be to you!"/**Gloucestershire Wassail** "God bless all in this house till we come again!"/**Tomorrow Shall Be my Dancing Day** "Then was I born of a virgin pure, of her I took fleshly substance; thus was I knit to man's nature to call my true love to my dance. I was in a manger laid, and wrapped I was; so very poor, this was my chance, betwixt an ox and a silly ass, to call my true love to my dance."/**We Wish You a Merry Christmas** (all trad. English) "Good tidings we bring to you and your kin!" 3:35

Further grateful acknowledgements: Rowena Seaman, Dick Boggs, Tom Robinson, Marcia Budnikas, Cindy Smith; Amy Girimont; Malcolm Dalglish, John McCutcheon, Robin Williamson, Bruce Cockburn, James Galway; Bob Hill and Colonial Williamsburg; Dr. Charles Wilhelm, Larry Washburn and Williamsburg Orthopedics, Renee Hove and Williamsburg Hand Therapy, Dr. Charles Seager; the Trellis Restaurant; Shenandoah and Grand Teton National Parks.

www.timothyseaman.com

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Dulcimers for Christmas!



I. Christmas Day in the Morning 2. Go Where I Send Thee / Go, Tell It on the Mountain 3. Hope from on High (Paintbrush Canyon) 4. While Shepherds Watched Their Flocks / Hark, the Herald Angels Sing 5. Adeste Fideles (O Come, All Ye Faithful) 6. Winter Largo from *The Four Seasons* 7. St. Basil's Hymn 8. Baloo, Lammy / The First Noel 9. Riu, Riu, Chiu 10. W Zlobie Lezy (Infant Holy, Infant Lowly) 11. Simple Gifts 12. Houston (The People That in Darkness Sat) 13. O Tannenbaum (O Christmas Tree) / Down in Yon Forest 14. Il est ne, le divin enfant (He Is Born) / Kommet, ihr Hirten (Come, Shepherds) 15. Jesu, Joy of Man's Desiring 16. Once, In Royal David's City 17. Snowy River Ride 18. O Little Town of Bethlehem 19. Erev Shel Shoshannim (Evening of Roses) 20. Wassail Song / Gloucestershire Wassail / Tomorrow Shall Be My Dancing Day / We Wish You a Merry Christmas *Total time 61 minutes*

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